

## PURPOSE

The purpose of this program is to enable APRNs to provide up-to-date drug therapies based on current research on specific disease states with advanced pharmacologic approaches to treatment. It fulfills the APRN with prescriptive authority requirement for contact hours in advanced pharmacotherapeutic continuing education in their area of certification each biennium.

## LEARNING OUTCOME:

At the end of this seminar, the attendee will be able to: Describe use of updated pharmacology information in practice.

## TARGET AUDIENCE:

Advanced Practice Register Nurses (APRNs) with prescriptive authority and registered nurses in any practice role and setting that desire to advance their knowledge of current drug therapy.

## CONTINUING EDUCATION CREDIT:

Successful completion of this seminar activity provides **5.0 contact hours** of continuing nursing education.

Successful completion of this seminar activity is defined as:

1. Attending the entire seminar (partial credit is not available)
2. Submission of a summative evaluation

There are no conflicts of interest, sponsorship, or commercial support to report.

This education activity is jointly provided by the Arkansas State Board of Nursing.

*Arkansas Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

## SEMINAR SCHEDULE

8:30 – 9:00am **Registration/Refreshments**

9:00 – 9:15am **Purpose/Introductions**  
Debra Jeffs, PhD, RN, BC, FAAN, ARNA Provider  
Lead Nurse Planner  
Veronica Clark, ARNA Executive Administrator

9:20 – 10:20am – **Cardiovascular Safety of Diabetes Medications and Applications to Clinical Practice**

**Dr. Melissa Max, Pharm D**

10:20 – 10:30am **Stretch Break**

10:30-11:45 **Continue**

11:50 – 12:30pm **Box lunch**

12:30 – 2:00pm **Breakout Sessions: APRN Areas of Specialty Practice:**

- 1) **Family Practice** -Anticoagulation Update: Strategies for APRN Prescribers  
**Stacy Harris, DNP, APRN, ANP-BC**
- 2) **Adult Acute Care** –Navigating the Curves of Antihypertensive Therapy: Pathophysiology And Mechanisms of Action  
**Michelle Staggs, MNSC, APRN**
- 3) **Pediatric**- TBA
- 4) **Women's Health**-”Seizures and Epilepsy: A Pharmacologic Approach to Management”  
**Sharon Stevenson, DNP, APRN, PNP-BC**
- 5) **Psychiatric/Mental Health** –Efficacy of Antidepressants in Treating Depression  
**Pauline Celeste Chambers, MSN, APRN**

2:10 – 3:10pm- **APRN Updates 2017**  
**Debra Garrett, DNP, APRN**

3:15 – 3:30pm **Evaluations Process**

## FACULTY

**Melissa Max, Pharm D, BC-ADM, CDE**  
Assistant Professor, Harding University College of Pharmacy

**Michelle Staggs, MNSc, APRN, ACNP-BC, CCRN, CE-** Orthopedic APRN, CHI St Vincent, Little Rock, AR

**Stacy Harris, DNP, APRN, ANP-BC**  
University of Conway, Dept of Nursing –Faculty

**Celeste Pauline Chambers, MSN, APRN, FPMHNP-BC-** Mental Health APRN, Veterans Healthcare System of the Ozarks

**Sharon Stevenson, DNP, APRN, PNP-BC**  
Clinical Assistant Professor/APRN UAMS College of Nursing/AR Children's Hospital

**Debra Garrett, DNP, APRN**  
ASBN Program Coordinator, Arkansas State Board of Nursing

## REGISTRATION FEE:

ARNA	\$110.00
Non-Members	\$135.00
APRN Student	\$100.00

Fee includes morning refreshments, box lunch, program materials, parking, and **5.0 contact hours** of continuing nursing education.

**\*Evaluations and the CE certificate will be done electronically. Instructions will be provided the day of the activity.**